

Maypo Cracker Chicken

4 medium skinless boneless chicken breasts

1 cup Instant Maypo Oatmeal

1 sleeve round crackers

2 eggs

1/4 cup milk

2 tbsp honey

1/4 tsp garlic powder

1/4 pepper

In gallon sized sealable plastic bag mix Maypo, crackers, garlic powder and pepper. Finely crush. Pour into a shallow bowl for coating chicken.

Whisk eggs, milk and honey. Place in small bowl to dip chicken.

Preheat oven to 375 F. Slice chicken breasts in half, lengthwise. Dip in egg wash, covering completely. Roll chicken breasts in cracker mixture, evenly coating on both sides. Place on non stick sprayed, foil lined 9x13 pan. Bake 10-12 minutes. Turn breasts over and bake another 10-12 minutes.

Yield 6-8 servings.